

# **The Joys of Still Life with Ingrid Christensen Supply List**

- Portable easel (not tabletop)
- small table for your palette, and brushes (TV table size)

**Pigments:** I strongly recommend that you purchase artist quality pigments, as they give pure, clean mixes.

- Alizarin Permanent
- Cadmium Red Light
- Yellow Ochre
- Cadmium Yellow **OR** Cad. Yellow Pale **OR** Cad yellow deep
- Cad Yellow light or lemon
- Ultramarine Blue
- Cerulean Blue (hue is fine)
- Raw Umber
- Titanium White

**Brushes:** I use mainly hog's bristle and some synthetic filberts, flats and rounds in a variety of sizes. Please bring a large selection of your own brushes ranging in size from large (#12) to medium (#8 or #6) to small (#4). Bring more than you think you'll need.

**Canvases/ gessoed watercolour paper/ oil paper (no canvas paper, please):**

- 1 - 8 x 10"
- 1 - 12 x 16"
- 1 - 16 x 20"

Palette knife – paint free and not too tiny. You will use it for both mixing and applying paint

Palette: 12 x 16" minimum mixing surface

**Oil mediums:**

- 1 small lidded container with a 50/50 mixture of oil and odourless mineral spirits (Gamsol or Ecohouse)
- 1 small lidded container of pure oil (Linseed or walnut – no alkyd oils, please)

**Acrylic mediums:**

- acrylic heavy gel medium and/or Winsor Newton Flow Improver medium

Paper towels or rags

**Still life objects:**

- 6 objects that appeal to you: fruit, veg, crockery, cutlery, trinkets, flowers, etc. Any simple household object can be the subject for a painting. Think about variety in size, colour, shape and surface quality (matte, shiny, rough, smooth).
- Cloths or coloured papers to place under still life objects.
- A box to use as raised platform. We will be setting the objects on boxes on tables in front of your easels.