

**Painting the Clothed Figure  
with Ingrid Christensen  
Supply list**

- Portable easel (not tabletop)
- small table for your palette, and brushes (TV table size)

**Brushes:**

-A wide assortment of brushes in both large and small sizes: minimum size 4 to maximum size 12. Bring more brushes than you think you'll need; you'll use them all!  
Ingrid uses both hogs' bristle and synthetic brushes (Opus brand "Fortissimo" filberts, and rounds are excellent for oil painters). Acrylic painters should ensure that their synthetic brushes are firm and springy. Soft sable-like bristles will not work.

Canvas/ oil paper/ gessoed panels. (No canvas paper, please):

- 2 canvases: 8 x 10"
- 1 canvas: 12 x 16" or 14 x 18", depending on personal preference.

**Pigments:**

Cad red light  
Alizarin permanent  
Cad yellow Medium/Pale  
Cad yellow light  
Ultramarine Blue  
Cerulean blue (hue is fine)  
Raw umber  
Titanium white

**Other supplies:**

- Palette knife (Paint free and large enough to use for both mixing and applying paint)
- palette (min. 12 x 16" of mixing space)
- paper towels/ rags
  
- oil medium: 50/50 oil and Gamsol or Ecohouse odourless mineral spirits (linseed, walnut or stand oil  
\*\*no alkyd oil\*\*)
  
- acrylic medium: heavy gel medium and/or Winsor Newton Flow Improver