## **Art Journaling: An Adventure in Creativity - Supply List - September 2015**

## **Essential:**

- 1. A blank journal: preferably with watercolour or mixed media paper. A smaller size is preferred but not smaller than 5x7 inches.
- 2. Micron pen, black, size 01.
- 3. Pencil, scissors, ruler.
- 4. Acrylic matte medium (a small bottle is sufficient) and a brush.
- 5. Gesso (a small bottle is sufficient) and a brush.
- 6. A water container, paper towels, waxed paper, an apron.
- 7. At least one small photo of yourself (that you can play with).
- 8. \*\*Materials to provide colour. Examples: watercolours with a brush; or acrylic paint with a brush; or coloured pencils; or crayons, etc. Your choice (but no oil paint because it will take too long to dry).\*\*

## **Totally Optional**

More Micron pens.
Rubber stamps and a stamp pad.
Watercolour pencils
Masking tape
Glue stick
Water-based oil pastels

\*\* Other additional materials will be provided including some coloured media, so don't buy expensive materials if you don't already have them.

Since we will be working in the gallery, we will not be using charcoal, oil paint, solvents or any other materials that could damage the artwork.