

## The Painterly Approach with Ingrid Christensen Supply List

**Pigments:** I strongly recommend that you purchase artist quality pigments as they give pure, clean mixes.

- Alizarin Permanent
- Cadmium Red Light
- Yellow Ochre
- Cadmium Yellow **OR** Cad. Yellow Pale/Medium
- Cad Yellow light or lemon
- Indian Yellow
- Ultramarine Blue
- Cerulean Blue (hue is fine) **OR** Pthalo blue
- Raw Umber
- Titanium White

**Brushes:** I use mainly hog's bristle and some synthetic filberts, flats and rounds in a variety of sizes.

Please bring a large selection of your own brushes ranging in size from large (#12) to medium (#8 or #6) to small (# 4). Bring more than you think you'll need.

Acrylic painters: ensure that you have both springy, and soft brushes

\*\*Please have at least one large brush for washes (springy, 2" wide synthetic)

**Canvases/ gessoed watercolour paper/ oil paper, panels if these are your usual, familiar supports. \*\* (no canvas paper, please):**

2- 8 x 10"

2 – larger surfaces – max size 16 x 20"

Palette knife – paint free and not too tiny. You will use it for both mixing and applying paint

Shower squeegee or other rubber scraper

Old credit-type card

Palette: 12 x 16" minimum mixing surface

**Easels:** Portable easel/ pochade box and a small table (TV table size) to hold your brushes and palette.

**Oil mediums:**

- 1 small lidded container with a 50/50 mixture of oil and odourless mineral spirits (Gamsol or Ecohouse)

- 1 small lidded container of pure oil (Linseed or walnut – no alkyd oils, please)

**Acrylic mediums:**

- acrylic heavy gel medium and/or Winsor Newton Flow Improver medium

Paper towels or rags

**Still life objects:**

- 6 objects that appeal to you: fruit, veg, crockery, cutlery, trinkets, flowers, etc. Any simple household object can be the subject for a painting. Think about variety in size, colour, shape and surface quality (matte, shiny, rough, smooth).

- cloths or coloured papers to place under still life objects.

- A box to use as raised platform. We will be setting the objects on boxes on tables in front of your easels.