

Materials list for Michael Abraham workshops FCA 2018

Three day workshop:

Some demos will be done with in acrylics, and some in oils.

I am easy going with material options, so read the following and bring whatever you prefer...

Painting surfaces:

Day one: medium sized sketchbook or loose sheets of paper (heavy weight paper that can handle wet media is nice, or bond paper ok too, as day one is mostly studies and notes), and/or canvas-paper suitable to your preferred medium (oil or acrylic)

Day two and three: you will need some painting surfaces, such as 6 primed canvases, canvas boards or or smooth canvas paper pad. Nothing bigger than 18 x 24.

For oil painting I recommend an Arches Oil Pad 12 x 16 inches (12 sheets in pad of oil paint ready paper) or and a larger canvas or two for day three.

Paint:

Buy good quality. You get what you pay for. I use Gamblin oils and a variety of quality acrylics.

You must have:

Mars Black,
Titanium White.

You can add the following colours listed below, with which you can make almost any other colour:

Burnt Umber
Burnt Sienna
Cadmium red
Quinachridone Magenta,
Indian Yellow
Cadmium Yellow Medium
Lemon Yellow
Pthalo blue
Ultramarine blue
Pthalo Green
Manganese

(For this workshop you may only want a few primary colours to go with your Mars Black and Titanium White, so do what your budget allows)

Brushes: preferably a $\frac{3}{4}$ inch, $\frac{1}{2}$ inch and/or $\frac{1}{4}$ inch flat synthetic
And a #0 or #1 Opus Denman style synthetic brush or similar smaller synthetic brush,
(cheap) or a fine sable#1 (more expensive), and if you have any brushes you have or
prefer as well, bring them along!

Rags or paper towels/blue shop towels

Palette disposable grey or white pad is probably best for workshop

Garbage bag or plastic grocery bag for trash

Container(s) for water or solvent for cleaning your brushes. (for water or odourless
mineral spirits

Painting Medium: Acrylic Medium/retarder, or oil painting medium (odourless mineral
spirits and linseed 50%-50%) you wont need very much medium.

Photo references of things such as landscape photos, art books/ paintings by old
masters, impressionist, still life, portraits, animals, anything you like. (I will have some
phot references available to work from also.)

Still life objects Bring a few smaller to larger objects to add to the assembled still life
table. I.e.: Skull, flowers and vase, Guitar, trumpet...white objects are good too!