

Art Avenue

CONNECTING, INSPIRING, PROMOTING OUR ARTIST COMMUNITY FOR OVER 75 YEARS

\$5



WILDLIFE

MAY 1 TO 13, 2018



3RD PLACE:
ANDREA MOORE *Stalker*
acrylic on canvas, 36" x 48"



2ND PLACE:
GALE MORE OFERRALL, AFCA *Leftovers*
oil on canvas, 24" x 48"

1ST PLACE (COVER):
JOHN PRYCE, AFCA
Grazin
oil on canvas, 30" x 40"

HONOURABLE MENTION:
DYAN MYHR
Coming Home
watercolour on rag, 18" x 18"

HONOURABLE MENTION:
DANIEL STRATHDEE
Trumpeter Strut
acrylic on canvas, 24" x 36"

HONOURABLE MENTION:
LESLEY WHITE
Gridlock
oil on canvas, 20" x 30"

GO FIGURE!

MAY 15 TO 27, 2018



1ST PLACE:
ANNETTE NIEUKERK *Alice*
mixed media on birch panel, 30" x 24"



2ND PLACE:
WILLIAM LIAO, AFCA
Life and Fate #8
acrylic on canvas, 24" x 24"

HONOURABLE MENTION:
ADRIENNE MOORE, AFCA
Yin and Yang
India ink on paper, 22" x 30"

HONOURABLE MENTION:
LOIS GOODNOUGH
Women of the World II
acrylic and ink on canvas, 20" x 16"

HONOURABLE MENTION:
SUZANNE SANDBOE
Momma
acrylic on canvas, 24" x 20"

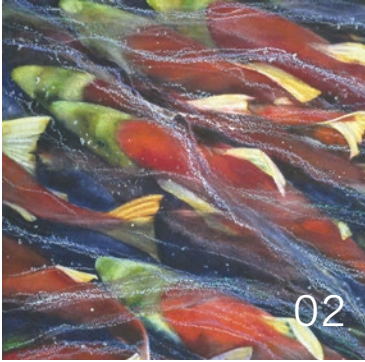


3RD PLACE:
SHARON LYNN WILLIAMS, AFCA *Feline Friends*
mixed media, 12" x 12"



Art Avenue

A FEDERATION OF CANADIAN ARTISTS PUBLICATION



2018 Wildlife:
Dyan Myhr, *Coming Home*

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- 09 2018 AIMAE
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ON THE COVER

1ST PLACE, WILDLIFE

JOHN PRYCE, AFCA

Grazin'

oil on canvas, 30" x 40"



2018 Go Figure!:
Suzanne Sandboe, *Momma*

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An art therapist's approach to removing your creative barriers
- 19 Big Red Dots
What artwork recently sold in the FCA Gallery?
- 20-23 Success! New AFCA & SFCA Recipients: Part 2
Two-part feature celebrating Canadian artists awarded signature status

"*Grazin'* captures an experience that my brother Martin and I had with a group of mountain sheep near Ya Ha Tinda, Alberta. The sheep were grazing on fresh grass in an area which appeared to have undergone a controlled burn in the past. My ongoing quest is to capture and share experiences through my paintings as eloquently as possible."



Big Red Dots:
Heather E S Armstrong
Morning Light – Delight
acrylic & oil on hardboard, 10" x 8"
sold for \$225



Aquarelle et Pastel:
Nicoletta Baumeister,
Perfectly Balanced



2018 Postcard Competition & Online Exhibition:
Cheryl Peddie
Meeting of the Board



2018 AIMAE:
Kenson Seto *Morning Ride*

Art Avenue
JULY/AUGUST
2018

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Priscilla Yu painting her latest Vancouver mural. @priscillayuart



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AA DIRECTOR'S COMMUNIQUÉ



The FCA Board of Directors has directed me to grow the Federation beyond what we've been in recent history; and we certainly have been growing! Our geographical reach has expanded as has our membership. But it's the number of programs we now offer that I'm having difficulty keeping track of. It's all good stuff, but if my head is spinning with all the new programs, I can't imagine that you will be keeping track of them either.

We're putting the finishing touches on the 2019 Exhibition Calendar. We've planned a marathon of 24 exhibitions in the Federation Gallery alone. Adding 4 online-only exhibitions and 16 chapter exhibitions to that, members now have 44 exhibitions to look forward to in 2019. Before we get used to these numbers, keep in mind that most other national-level arts organizations organize 3 or 4 exhibitions per year. Tarin, Helen, Stasja, and our volunteers have their work cut out for them!

As in previous years, we wanted to provide residency opportunities again at the Federation Gallery. We reintroduced the Art Pod at the Granville Island Farmers' Market and our Mini-Residency right in the gallery (or on a nice day, just outside the door). These 40 opportunities to reach the public were snapped up by artists within weeks so clearly this is something that we should continue.

Our education program is similarly full of excitement. We've already held 4 packed plein air Paint Outs in Vancouver this summer and have another planned in August. Between now and then, we have our Plein

Air Retreat in Manning Park (a few spots still available) and we just announced Barbara Cadario's creativity workshop in July.

Workshops this autumn will include Doug Levitt coming back to Vancouver to teach portraiture, and Barry Rafuse to dare you to paint abstract. Other featured instructors include Carol McQuaid, Jan Crawford, Mark Anthony, Rick McDiarmid, and Lalita Hamill.

Did you enjoy ShowOff organized in 2017? Or did you miss it? Well, good news; we're planning another ShowOff painting event this September.

Then there's the big-picture work. We're adding new chapters. Having just welcomed Prince George based Central Interior Chapter, members in and around Ottawa are organizing what looks to be the next promising location.

We're working on upgrades to improve our website's functionality and aesthetics, the first of which should come online before the end of this year. We may offer website hosting to members, with a keen eye on making it useful for people who are not tech-savvy. By spring 2019, we expect delivery of a smartphone app we're having developed that'll help with artwork sales.

Also planned for spring 2019 is video-recording of the 10-week Foundations Program. Presently this program is only being offered in Vancouver because that's where its development took place. Now that we've completed the development phase, we want to get it online so everyone can benefit. Watch for its release around this time next year.

Website upgrades should help with keeping all these initiatives straight. In the meantime, I'm happy to hear other ideas about services we can offer. I'm always looking at what we can do to support Canadian visual artists.

Patrick Meyer
EXECUTIVE DIRECTOR

AA NEW MEMBERS

Loretta Allison,	<i>Calgary, AB</i>	Jeffrey Coates	<i>Vancouver, BC</i>	Faye Lum	<i>Vancouver, BC</i>	Carol Zoernack	<i>Prince George, BC</i>
Heather Baharally	<i>Calgary, AB</i>	Karen Cunningham	<i>Vancouver, BC</i>	Marko Lytviak	<i>North Vancouver, BC</i>	Lisa-Ann Scichilone	<i>Quispamsis, NB</i>
Sheila Chubak	<i>Alsike, AB</i>	Joy Davis	<i>Victoria, BC</i>	Janette Maley	<i>Vancouver, BC</i>	Mamta Jha	<i>Wolfville, NS</i>
John Jarrell	<i>Calgary, AB</i>	Bonnie Ellerbeck	<i>Vancouver, BC</i>	Alex Mikhailau	<i>Kitimat, BC</i>	Shiv Chokalingam	<i>Mississauga, ON</i>
Melody Kjemtrup	<i>Vegreville, AB</i>	Lynda Fownes	<i>North Vancouver, BC</i>	Trisha Scarlett Milne	<i>Comox, BC</i>	Carolyn Dix	<i>Waterloo, ON</i>
Greg Szostakiwskyj	<i>Calgary, AB</i>	Ali George	<i>Kelowna, BC</i>	Keith Prestone	<i>Quesnel, BC</i>	Gerry Duchemin	<i>Toronto, ON</i>
Jeanne Urban	<i>Calgary, AB</i>	Irene Giesbrecht	<i>Coquitlam, BC</i>	Helen Ramsay	<i>Port Coquitlam, BC</i>	Olga Gostiuk	<i>Ottawa, ON</i>
Jaafar Aghajanian	<i>Vancouver, BC</i>	Kim Glover	<i>Mission, BC</i>	Jess Rice	<i>White Rock, BC</i>	Anitta Hamming	<i>Orillia, ON</i>
Marcelle Armatage	<i>Whistler, BC</i>	Bozica Grskovich	<i>Burnaby, BC</i>	Jonathan Rider	<i>Burnaby, BC</i>	Anna Marie Hewitt	<i>Peterborough, ON</i>
Jean August	<i>Vancouver, BC</i>	Gail Hall	<i>Surrey, BC</i>	Brad Scromeda	<i>North Saanich, BC</i>	Paul Koskinen	<i>Toronto, ON</i>
Elizabeth Backman	<i>Langley, BC</i>	Sarah Hammond	<i>Vancouver, BC</i>	Debra Smith	<i>Victoria, BC</i>	Sandra MacGillivray	<i>Peterborough, ON</i>
Jessamyn Box	<i>North Vancouver, BC</i>	Susan Heal	<i>West Vancouver, BC</i>	Neil Terry	<i>Penticton, BC</i>	Tracy McMahon	<i>Williamstown, ON</i>
Richard Brodeur	<i>North Vancouver, BC</i>	Rhonda Honing	<i>North Vancouver, BC</i>	Colleen Tyler	<i>North Vancouver, BC</i>	Corla McGillivray	<i>Saskatoon, SK</i>
Monica Burrow	<i>Delta, BC</i>	Sheila Kerr	<i>Nelson, BC</i>	Brian Uddenberg	<i>Victoria, BC</i>	Laura Dominici	<i>Rome, Italy</i>
Rita Chaplinsky	<i>Delta, BC</i>	Katja Kovanen	<i>Quesnel, BC</i>	Brooke Williams	<i>Vancouver, BC</i>	Ke Huang	<i>Beijing, China</i>
Ming Cheong	<i>Coquitlam, BC</i>	Phil Leonard	<i>Kelowna, BC</i>	Sara Zadghanad	<i>Vancouver, BC</i>	Acquaetta Williams	<i>Maryland, USA</i>

1. ARTIST COMPETITION: LORD & TAYLOR, NYC

Jeanne Krabbendam's accessory designs, which feature her paintings printed on scarves, leggings, shirts and pillows, have been selected through a competition to be sold through Lord & Taylor, NYC. Jeanne's pieces, manufactured by VIDA, will be showcased within a VIDA collection and will include Jeanne's photo, biography and artist's statement. Featured paintings include *City Scape*, *Volitant*, *Spring of Fresh Water* and *About Love*. The collection will be launched in the Manhattan fashion store in Fall 2018. The competition was organized by VIDA, a US contractor that works with artists worldwide to print and sell unique fashion/décor items. <https://shopvida.com/collections/jeanne-krabbendam>

2. DEEPLY MOVING GENOCIDE PAINTINGS SHOWN

Karel Doruyter, AFCA had a series of 30 controversial paintings called "Genocide – Life, Death and In-Between" on First Nations genocide exhibited through museums. "The original show's opening in 2006 was overwhelming and resulted in me stopping all sales. Attendees and art reviewers convinced me to donate the series to a museum." Haida Gwaii Museum in Skidegate took seven paintings, now part of the permanent collection, and Jasper Yellowhead Museum showed the remainder of the collection (including giclées of the missing seven) in June, 2018, sponsored by Mountain Galleries.

3. ARTIST RANCH PROJECT HEADS TO CALGARY STAMPEDE

Pam Weber, AFCA was juried into the Artist Ranch Project, which is funded by the Calgary Stampede, along with five other artists. After a weekend residency in 2017 in Longview, Alberta, where the artists experienced the "western way of life on an authentic working ranch," they created a body of work inspired by their experience. It will be on display during Calgary Stampede at the Western Art Showcase, a major destination area of the Stampede, from July 4-15. Details: westernshowcase.com

4. THREE EXHIBITIONS

Colleen J Dyson, AFCA's work was featured in three recent exhibitions. Two paintings in her *Saltspring Island Series* were accepted into the Society of Canadian Artists' "Elected Member Show" in Calgary at Gainsborough Galleries, June 15-30; two paintings were shown in the Central Okanagan Chapter's national OASIS Show in July at Peachland Art Gallery; and Colleen's paintings won both Second Prize and Third People's Choice in the "TNSC Regional Show" in Kamloops, BC.

5. SOCIETY OF CANADIAN ARTISTS SHOWS

Martha Moore has had her painting *Fossil Portrait* accepted into the Society of Canadian Artists "Open International Juried Online Show" which ran until June 15. Martha's painting *Vestige* was accepted into the Society of Canadian Artists "Elected Members Exhibition" at Gainsborough Gallery in Calgary, AB, which ran until June 30. www.marthamoorecanadianart.com. Her painting *Sea Castles* was in the "SCA 49th International Juried Exhibition" and was sold to a buyer in the UK.



Jeanne Krabbendam, *City Scape*



Karel Doruyter, *Sanctuary*



Pam Weber, *Bull Headed 1*



Colleen J Dyson,
Saltspring Island Series



Martha Moore, *Fossil Portrait*

AA MEMBER SHOWS

1. SOLO SHOW ON GABRIOLA ISLAND

Judith Madsen is having a solo exhibition from July 6-8 at Gabriola Arts & Heritage Centre, 476 South Rd, Gabriola Island, BC, called "Land(e)scapes" featuring her oil paintings on canvas.

2. TWO-WOMAN SHOW IN OKANAGAN

Okanagan artists **Valerie Kordyban** and **Martha Moore** are having an "Entangled and Entwined" exhibition at Armstrong Spallumcheen Museum & Art Gallery in June. This show, created by two friends interwoven by common passions, beliefs and painting approaches, layers and overlaps paint to reveal how gestures reverberate when expressed from two points of view.

3. PARKSVILLE SOLO SHOW

Comox Valley artist **Marilyn Peeters** is having a solo show, "A Deeper Meaning of the Natural Landscape," at The Beach Club Resort, Parksville, BC for the month of July. Her paintings embrace her experience of nature, which transcends limits of BC's natural landscape. <http://marilynpeeters.com/>

4. "CIRCLE OF THREE" EXHIBITION

Vancouver Island artists **Nancy Day**, **Laura Hiltz** and **Carmen Mongeau** are having an exhibition at Coast Collective Gallery, Victoria (Colwood) July 18-29. Opening: July 21, 1-3 p.m. Nancy presents "Mystiques," landscapes based on her travels; Laura presents "Organic Geometry" paintings combining organic and geometric shapes; Carmen presents "Murmurs" contemporary printmaking-abstract work.

5. SOLO SHOW NAKUSP, BC

Tatjana Mirkov-Popovicki, SFCA is having a solo exhibition at Studio Connexion Gallery, Nakusp, BC July 17-Aug 4. More details at <http://mirkov-popovicki.com/> Her 30" x 40" acrylic *Larch Valley*, shown, will also be featured in the 2019 Art Soroptimist Calendar by Blue Heron Arts.

6. VICTORIA TRIO SHOW

A "Diversity" group show at Gage Gallery, Victoria, BC will feature new members, **Josephine M. Bohemier**, **Hazel Harris** and **Dawna McGowan** with artworks that represent their diverse individual styles. Open July 31-August 11.



Valerie Kordyban & Martha Moore, *Imaginings*



Judith Madsen, *First Snowfall*



Marilyn Peeters, *The Blue Bells*



Nancy Day, Laura Hiltz, Carmen Mongeau, *Circle of Three*



Josephine M. Bohemier, *Helen James*



Tatjana Mirkov-Popovicki, *Larch Valley*

AA MEMBER SHOWS

6. HAIDA GWAII ARTS GRANT EXHIBITION

After being awarded a Gwaii Trust Arts Grant last year, **Maryanne Wettlaufer** spent 12 months producing a collection of large canvases entitled “Haida Gwaii A Painted Journey: Rose Spit to Cape St. James.” She has been invited to exhibit the 25 paintings at the Terrace Art Gallery, Terrace, BC, September 7-30. www.maryannewettlaufer.com



Maryanne Wettlaufer, *Battle Island*

7. SOLO SHOW, NARAMATA, BC

Libby Parsons' solo art show “Libby Parsons’ Landscapes” began in April at the Naramata Heritage Inn, Naramata, BC, and will run until October 12, 2018. Libby will be painting at the Inn on Wednesday afternoons throughout the summer. www.libbyparsons.com



Libby Parsons, *Landscapes*

8. WEST VANCOUVER SHOW

Sandra Yuen MacKay is part of a duo exhibition “Urban Renderings” at the Silk Purse Arts Centre, 1570 Argyle Ave, West Vancouver, where she will be exhibiting her colourful acrylic paintings in the show that features urban scenes. Opening reception: August 14, 6-8 p.m. Runs until September 2.



Sandra Yuen MacKay, *Horseshoe Bay*

9. SOCIETY OF CANADIAN ARTISTS SHOW

Cindy Mersky, AFCA had her paintings *Above the Tree Line* and *Eastern Promises* accepted into the Society of Canadian Artists “2018 Elected Members’ Juried Exhibition.” The exhibition took place June 16-30 at Gainsborough Galleries, Calgary, AB.



Cindy Mersky, *Above the Tree Line*

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 by the Federation of Canadian Artists

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AQUARELLE ET PASTEL

APRIL 17 TO 27, 2018



1ST PLACE:
KATHY HILDEBRANDT, AFCA *The Reasons I Was Tardy*
pastel, 18" x 24"



2ND PLACE:
CAROL RETZLAFF *Cowichan River Estuary*
pastel on archival sanded paper, 9" x 12"



3RD PLACE:
FARIBA MARIA DIAN *Art Gallery China*
watercolour on Stone paper, 30" x 30"

HONOURABLE MENTION:
NICOLETTA BAUMEISTER
Perfectly Balanced
watercolour on paper
9" x 6"

HONOURABLE MENTION:
JANICE EVANS
Last of Winter in the Harbour – Vancouver Island
watercolour on paper, 6" x 17"

HONOURABLE MENTION:
LUCY WALLACE
Backward Glance
pastel and watercolour on Pastelmat, 12" x 16"

AIMAE

MAY 29 TO JUNE 10, 2018



1ST PLACE:
PERRIN SPARKS, SFCA *Ginger Nose*
Intaglio etching on zinc plate, 7.5" x 7.5"



3RD PLACE:
HUIZHONG WANG *Banana*
watercolour on paper, 9.8" x 7"

HONOURABLE MENTION:
HEATHER E S ARMSTRONG
Morning Light – Delight
acrylic & oil on hardboard
10" x 8"



2ND PLACE:
ALAN WYLIE, SFCA *For My Little Sister*
oil on board, 10" x 8"

HONOURABLE MENTION:
TRACEY KUCHERAVY
The Gift of Spring – Fort Whyte
acrylic on board, 8" x 10"

HONOURABLE MENTION:
KENSON SETO, SFCA
Morning Ride
acrylic on canvas board
10" x 8"

Gamblin



Deborah Tilby SFCA, Five Small Boats, oil on panel, 18" x 18"

Experience Color

Deborah Tilby, SFCA states, "Most of my paint is Gamblin and I use Gamsol and Gamblin Solvent-Free Gel. Dioxazine Purple found its way onto my palette several years ago and is now a permanent fixture. On its own, Dioxazine Purple is too vibrant for the more subtle palette that I lean towards, but it's wonderful added to Cobalt Blue or Cadmium Yellow Light; and I particularly love mixing it into my greens."



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SELLING ART

By Carol Crenna

Although many artists excel at “mark making,” skillfully and methodically creating their work, few fully understand the concept of “making their mark” by planning a marketing campaign. Artist Annie Briard has learned the importance of promotion and connection in selling her work, and is often asked to teach these business skills to others. After speaking with Annie, Art Avenue summarizes some of the factors that should be considered when creating your promotional toolkit.

HAVE A PLAN

The many aspects associated with marketing can seem overwhelming especially if you’re not experienced in sales or self-promotion. Where should you start?

Goal setting is most important to create a framework for the future. Begin your marketing plan by asking yourself questions that help you decide what you want from your art practice:

What is most at stake for you as an artist? Annie says if you can’t answer this question, perhaps you need to spend more time finding your voice and discovering your passion as an artist. Helpful questions: What is meaningful for me; what do I care about within my practice?

How do you see your work? What specific direction do you feel most compelled to take it in? What would success look like for you? Is it money, having work exhibited internationally, simple self-satisfaction, serving a higher purpose with your work? The initial goals you set and their intended outreach will indicate which paths you should take.

Where do you fit? Annie groups artists within the classes she teaches into three types: 1. Hobbyists whose art is a therapeutic creative endeavor; they’re interested in the potential to grow their practice, but sales are less important 2. Those who want to build a career around creating; it may not matter as much what they make as long as they can make money at it to support themselves 3. Those interested in an aspect that requires intensive research or makes a statement about humanity/deeper unanswered questions; leaving their mark is most important. Each of these artists has different needs, specific considerations, approaches, strategies and market focus.

CREATE YOUR VISION

Envision what your ideal exhibition would look like, and what a news article would say about you to pinpoint what is important to you. Then ask, how can I get there; what learning/actions do I need to undertake? What resources will I need? How will I know if I have arrived, to measure achievement of goals?

BUILD CONNECTIONS

“I often hear artists say a major marketing goal is to have a professional website and to drive as much traffic to it as possible through social media. When I ask why, the answer is ‘because that is what we’re expected to do.’” But if you aren’t web savvy, have less time to devote to web administration, or haven’t considered end goals, you could be wasting time and resources.

Driving traffic to a website is important primarily if you sell from your



website. If you’re just beginning to exhibit art, and have 1-2 hours per week to devote to online marketing, link your website domain name to an Instagram account instead. As long as it showcases your art, provides a bio and contact information, your online presence is sufficient. Currently, just being on Instagram will help you gain access to those browsing the popular app compared to a static website, making it easier to build a following without needing to spend money or time on a blog/website design. Instagram’s hashtags help buyers, curators and other artists find your work easier than a website: use specific hashtag words that identify your location, describe your artwork style/medium and artist persona. (Blog hashtags don’t work the same as Instagram’s; if someone is used to simply searching within Instagram, which is a preferred method for art now, they won’t be directed outside of that app. This is unlike searching artwork/your name on Google and receiving all sites including Instagram.)

That said, a website is today’s portfolio that offers everything buyers need to know without having to hunt or contact you before knowing if they’re interested. A website is necessary after you’ve had exhibitions or can present a large enough body of work to create a complete presence.

BE A LEADER

Differentiating yourself on the web is difficult, but certainly not impossible. Early adopter-artists who developed a website following and Instagram account years ago are doing phenomenally well now. “They have been able to monetize that account because they took the initial risk. Now that those platforms are saturated, it is not as easy. Therefore, consider researching the latest web and cultural trends that might translate into art trends. The more you think in the forefront, the more you’ll attract a following exactly when the trend is being created.” Annie points to Vancouver painter Sara Molčan who markets her work extremely well. “Through experimentation, Sara discovered great techniques to attract interest on Instagram after responding quickly to audience needs and what they were attracted to. Establishing the new trend garnered press all over the world and generated thousands of followers, yet it was a very simple concept.” (Paint mixing: <https://saramolcan.com>)

However, it goes back to goal setting. Just because an artist has a large online following, this doesn’t necessarily translate into sales or mean they successfully promote themselves in person/galleries. Many of Canada’s most successful artists have extremely limited internet followings because they don’t focus on public image, but simply on selling art. Their goals might have targeted having artwork in specific institutions or viewed by certain people rather than a broad following. At the same time, other artists have gained widespread online followings that

resulted in gallery representation, awards and sales. In some of those cases, it is less about the work and more about that individual's perceived influence on others. "That influence becomes very attractive to those wanting to use it for other promotion."

CONSIDER NEW MARKETS

Annie has had gallery representation in Quebec. Fearing the language barrier may be holding artists back. "I can attest to the fact that Quebec really supports artists – French and English – in ways I haven't witnessed elsewhere in Canada. There is more art funding, and it is very socially acceptable to be an artist; art is regarded with pride and interest. And Montreal's larger galleries often have a national/international scope."

USE YOUR NETWORK

How do you establish relationships? To approach appropriate channels, send promotional materials only after deciding your goals/audience. It is better, for example, if a press release originates from a gallery than from you, appearing more in the public interest. It doesn't have to be a gallery representing you, but one that you have work currently showing in (even a group show).

Should you promote your art to contacts from another career? If you're surrounded by a supportive network that might be interested in buying art and has the financial means even though not considered collectors, this can open new buying channels. Annie's students who began displaying art at their workplace have found it to be a great way to showcase work to coworkers and clients.

GALLERY PROMOTION

Annie's work has been included in exhibitions from Beijing to New York. All were organized by gallery curators. "Beijing's curator contacted me through a Montreal gallery. New York's exhibition was through a curator based in Madrid who created an exhibition after an open call invitation. I found them online, they accepted my work, and it toured with the collection around the world for three years." Your takeaway: Do online research to target curators.

An important consideration is to be mindful of reciprocity and generosity. For example, Vancouver Art Gallery had a show by invitation only, but another artist strongly recommended Annie, which led to the curator commissioning her work. This generosity can be cultivated. She says, "I just taught a Professional Practice class to new artists who all had established careers. I asked, 'Who has bought original artwork in the past few years?' Only 2 out of 18 had, even though most had the financial means. If artists aren't supporting artists, promoting that original artwork purchases should be part of decorating, living and even social responsibility, who will?" Many artists generously offer their knowledge by instructing others. Since they are giving to you, pay it forward to someone else. "Teaching is a fantastic way to promote yourself and learn about the art world."

Annie Briard is a professional photographer/multimedia artist who teaches at art institutions, and offers workshops and consulting to galleries, art organizations and artists.

<http://www.anniebriard.com/>

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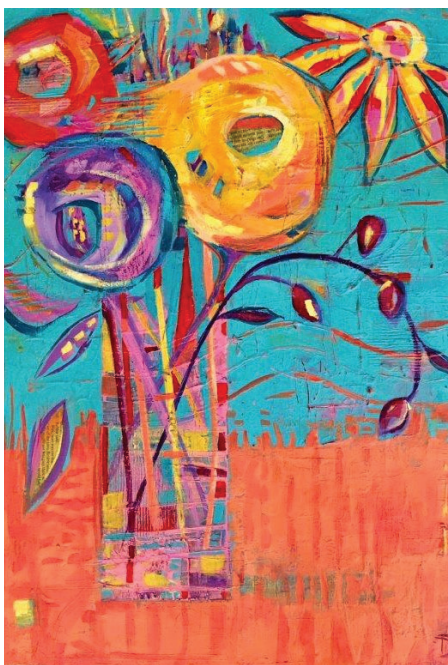
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SOUTH OKANAGAN SIMILKAMEEN



Deb Tougas, *Robbie Said*

The South Okanagan Similkameen Chapter's juried "Spring Palette 2018" show was presented at the Osoyoos Art Gallery in Osoyoos, BC, in March. It featured 45 pieces including the one from 1st Place Winner, **Deb Tougas** with her mixed media painting called *Robbie Said*. Artists of the South Okanagan-Similkameen also recently staged a "Tip Toe Through The Tulips" Spring Art Show from May 11-June 14 at Leir House Cultural Centre, Penticton, BC.

WEST KOOTENAY



Carol Retzlaff, *Cowichan River Estuary*

THOMPSON NICOLA SHUSWAP



Colleen J Dyson, AFCA, *Across the Tracks II*

11TH ANNUAL OPEN SHOW

The TNSC hosted a Regional Open Show with the theme "Emotion Expressed" showcasing talented artists from the Thompson Okanagan area in Kamloops. Local and regional artists spent a day with jurors **Laurie Koss**, SFCA, **Kato Rempel**, AFCA and **Perry Haddock**, SFCA being inspired and informed by the jurors' demonstrations. Winners: 1st Place: **Juve Furtado**, AFCA, *Out to Dry*, 2nd Place: **Colleen J Dyson**, AFCA, *Across the Tracks II*, 3rd Place: **Janice Sich**, *Duane*, Awards of Excellence: **Marie Downing**, *Stay Alive*, **Kit Bell**, AFCA, *Onward and Downward*, **Heather Hollingsworth**, *Summer Storm*.

UPCOMING WORKSHOP

Perry Haddock will give a workshop titled "Loose and Colourful Landscapes", October 26, 27, 28 at Hal Rogers Centre, Kamloops. (See WORKSHOPS list for more info.)

WORKSHOPS

West Kootenay Chapter's 3-day workshop "Oil Painting and the Art of Seeing" with Dominik Modlinski was held in May. Starting with the basics, Dominik led colour wheel concepts and exercises followed by a demo using these concepts to create depth and dynamics in a finished piece. Upcoming workshops in July and September with Corre Alice and Carol Schloss: (see WORKSHOPS listing for more info)

NEWS

Congratulations to new member **Carol Retzlaff**

NORTH OKANAGAN



Juve Furtado, AFCA, *Out to Dry*

NEWS

Congratulations **Juve Furtado**, AFCA, who won First Place in the TNS Chapter Regional Open Show in Kamloops with his watercolour *Out to Dry*. Juve presented a "Creating an Artist's Website" workshop for NOFCA members in June. **Nancy Vince** is participating in the summer FCA Art Pod series at Granville Island on August 2. She also has a Solo Show at the Armstrong Art Gallery September 6-29 called "Happy Art-Finding Your Zen." **Holly Smith** and **Lois Campbell** are presenting a collaborative show honouring the human spirit with three other artists at the Peachland Art Gallery for the month of September. Opening Reception: September 1, 2 p.m.-4 p.m., live harp music and refreshments.

UPCOMING EXHIBITION

There will be a NOFCA juried art show at Gallery Vertigo, Vernon, BC on September 4- 29.

who was awarded 2nd Place for *Cowichan River Estuary* in the FCA Gallery's "Aquarelle et Pastel" exhibition. **Laura Leeder's** notecards *Cherry Blossoms and Hummingbirds* were featured in the May/June issue of Teatime Magazine. **Robyn Gold** received a Special Merit Award from the Light, Space and Time online gallery for *Effervescent*.

RETREAT

West Kootenay member **Liz Honey** organized a 3-day retreat in May at Whatshan Lake where members spent time together painting the beauty of the Kootenays.

CALGARY



Rex Beanland, *Art in the Garden*

NEWS

Calgary artists' paintings were juried into the Federation Gallery's shows. Congratulations **Rosemary Bennett**, **Nadine Johnson** and award-winners **Kathy Hildebrandt**, SFCA and **Sharon Lynn Williams**, AFCA. Mountain Galleries chose **Linda Wilder**, SFCA's *Spirit Island* as "Curator's Choice" in April. **Rosemary Bennett** and **Rex Beanland**, AFCA are hosting their 9th "Art in the Garden" in Rosemary's perennial garden August 10-11; it attracts 200 visitors a year. <http://bit.ly/ArtInTheGardenYYC>. Thank you to out-going Chapter President and in-house philosopher **Bob McAllister** who, since 2012, has shared kind words of encouragement with artists at all levels.

ARTIST COLLECTIVE

Paintings by **Ray Swirsky**, AFCA, **Andrea Slack** and **Cassandra Arnold** are showing at The Studio & Gallery, their artist-owned collective of 15 artists established in 2017 in Bragg Creek. The Studio & Gallery Open House: July 13, 4 p.m.-9 p.m. <http://bit.ly/FacebookBraggCreek>.

CENTRAL INTERIOR



Melanie Desjardins, *Sympatico*

MEETINGS

The Prince George Community Arts Council has provided a venue for CIC meetings. Building on the success of **Lalita Hamill's** workshop, a second workshop following the FCA Foundations format is being planned to ensure members have opportunities hone skills "from the ground up." A show committee was formed, aiming at 2019 for the first exhibition. At the last meeting, **Melanie Desjardins** discussed her dramatically large acrylic paintings done on a hand-sanded sheet of steel as her canvas. Melanie's work was exhibited at Pope Mountain Arts Centre in Fort St. James in June.

NEWS

Given Lawren Harris' history with the FCA, members are excited that the "Lawren Harris: Canadian Visionary" exhibition organized by the Vancouver Art Gallery is on display at Two Rivers Gallery, Prince George. **Heather E. Armstrong** earned 2nd Place in the FCA Gallery's "Bloom" exhibition, and **Lesley White** secured Honourable Mention in the "Wildlife" exhibition.

NANAIMO



Sandy Johnman, *Sailor's Delight*

NANAIMO FINE ART SHOW

Call for Artists: The Nanaimo Chapter presents the 3rd annual juried Nanaimo Fine Art Show November 1-4, Vancouver Island Conference Centre. The exhibition accepts entries from all FCA chapter members on Vancouver Island and surrounding islands. This show celebrates the vitality & quality of visual art in our community. Opening Gala Award Ceremony: November 1, 7 p.m. By invitation only; cash awards presented. 1st Place: \$1000; 2nd Place: \$750, 3rd Place: \$500, Honorable Mentions & People's Choice (non-cash awards). The exhibition includes a Signature Member showcase for jurors and qualified chapter members. "Meet The Artist Night" November 3, 7 p.m.-9 p.m. includes a silent auction. More info: www.nanaimofac.com

SPRING SHOW

The chapter held a successful non-juried show in April at Ladysmith Waterfront Gallery showcasing 75 paintings from 45 artists. It will also be staged in 2019. Over 500 visitors came to this first-time event. **Sandy Johnman's** *Sailor's Delight* won People's Choice Award.

WORKSHOPS

CHAPTER	CENTRAL OKANAGAN	VICTORIA
DATE/TIME	September 23, 24, 9:30 a.m.- 4:30 p.m.	September 7, 8, 9: Fri & Sat, 9 a.m.- 4 p.m. & Sun, 9 a.m. to 3 p.m.,
LOCATION	Rotary Centre for the Arts, Kelowna, BC	Saanich Fairgrounds, Saanich, BC
FEATURED ARTIST	Acrylic/pastel "Studies to Paintings with Colour and Light" workshop with Andrew McDermott, SFCA.	"Creative Painting Workshop" with Mike Svob "You will learn how basic abstract concepts relate to how we perceive the world & will then understand how to make use of the visual colours, values and shapes that our brains see to paint your vision."
INFORMATION	Info: https://centralokanaganfca.com/courses/index	*FULL, but waiting list. FCA Members: \$350, Non-Members: \$375. Information: Marcela Strasdas marcelastrasdas@gmail.com .

VICTORIA



Kathleen Schmalz, *Heron's Habitat*

SHOWS

Kathleen Schmalz organized the Victoria Chapter's third show at the Ministry of Health building in Victoria from April-June. The Ministry of Health, which has 800 employees, invites artists to showcase work in its building lobby. All work from this show was juried into past FCA shows. Artwork included pieces by **Kathleen Schmalz, Catherine Taron, Roger Jackson, Marlene Howell.**

UPCOMING WORKSHOP

A "Creative Painting Workshop" with **Mike Svob** this is scheduled Friday, Saturday and Sunday, September 7, 8, 9 at Saanich Fairgrounds is full, but a waiting list is being created. (See WORKSHOPS listing)

CENTRAL OKANAGAN



Suzanne Northcott, *Oasis Symposium*

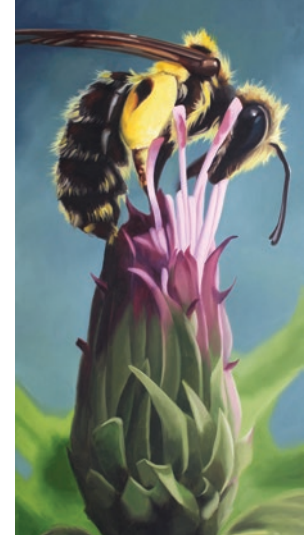
OASIS SYMPOSIUM & ART SHOW

The COC hosted its inspirational Annual Oasis Symposium with demos, discussions, workshops and guest artists **Neil Patterson, Dene Croft** and **Suzanne Northcott** in April. These artists gave lectures and demos about their approaches to art that was followed by full-day workshops where participants learned many new skills and techniques. Thank you volunteers who made it such a success! The National Oasis Art Show will be held for the month of July at Peachland Art Gallery.

MENTORING PROGRAM

COC's new Mentoring Program will assist artists at any stage of their artistic development with feedback. It will offer critiquing skills through assignments & workshops. Participants will be assigned a mentor—one of the chapter's signature members. First Mentoring Workshop: October 20, Kelowna.

PEACE RIVER



Caily Oldershaw, *Andrena's Thistle*

CHAPTER EXHIBITION

Peace River Chapter's recent exhibition in Fort St. John called "Greening Up," held May 4-26, featured works which reflected shades of green and coincided with the brief Northern Spring season. The 14th show of the PRC, held at Peace Gallery North, acknowledged Canadian icon and FCA founding member Lawren Harris. Over 40 entries were showcased. Winners were: 1st Place Award of Excellence, **Caily Oldershaw, Andrena's Thistle**, 48" x 24" oil on canvas; 2nd Place, **Mary Parslow**, AFCA, *Spring Greens*, 6" x 8" reduction linocut on Stonehenge; 3rd Place, **Suzanne Sandboe, Chicken Coop**, 16" x 20" acrylic on canvas; Honourable Mentions, **K. Marjorie Henning, Grande Cache Lake**, watercolour/pencil crayon, 11.5" x 14.5" & **Sandy Troudt**, AFCA, *After the Burn*, 30" x 15".

WORKSHOPS

CHAPTER	WEST KOOTENAY		THOMPSON NICOLA SHUSWAP
DATE/TIME	2-day workshop: July 7-8	September workshop: Date: TBA	Friday, Saturday, Sunday, October 26, 27, 28
LOCATION	TBA	TBA	Hal Rogers Centre, Kamloops
FEATURED ARTIST	Corre Alice, "Intuitive Acrylic Painting with a Dash of Logic"	"Pastels" with Carol Schloss, signature member of the Pastel Society of America	Perry Haddock, "Loose and Colourful Landscapes"
INFORMATION	Workshops generously supported with grants from the Columbia Kootenay Cultural Alliance. Registration & Information: Alison Graeme, alisongraeme@telus.net		Cost: \$250 for FCA members. Contact: Cathie Peters cpetersartist@gmail.com for information and to register.

TOP 2 WAYS TO GET INSPIRED

You've been there. You want to be productive... but you can't seem to get off your duff, pick up that brush, and complete a certain piece of art. It's not that you don't want to. It just feels harder than it should be. If you have to drag yourself into your studio just to look at it, you could probably use help.

There is a myth that says artists' inspiration comes from mysterious other-worldly messages that create "aha moments"—so you tend to wait around hoping one will come to be able to continue (or even start) working.

But ideas can come to you at any time. To draw them out, and sift good from bad ones, you may need to stretch your artistic capabilities. Yet, "How do you know what you don't know?" asked our FCA executive director Patrick Meyer. You often don't.

So to stimulate, encourage, and move you to start something new or rekindle the initial inspiration that motivated you to begin a half-finished painting, try one of these two educational routes:

1. CULTIVATE CONFIDENCE THROUGH GREATER SKILL

Often, the issue that halts your process is in not knowing how to fix a flaw or improve a lacklustre painting so it feels more like work than play. You may need to relearn basics to gain the confidence to paint through the roadblock. The FCA Foundations Program weekend workshops, held over 2 or 3 days in Fall 2018 and Spring 2019, will expand on topics introduced in Spring 2018's evening lectures, but are designed to be stand-alone, self-contained courses that anyone can take. Simply choose which overview workshops inspire you to expand your learning. The first ones include "The Elements of Design: The Tools to Make Art" with **Jan Crawford**, AFCA, and "The Principles of Design: How to Use Those Tools" with **Lalita Hamill**, AFCA. These will cover vital basics like Composition, the way elements in your art work together to form a coherent whole, and



the way a painting brings the viewer's attention to the most important/focal areas using line, shape, value, colour and size.

2. LEARN A NEW TECHNIQUE

Nothing gets creative juices flowing faster than seeing another artist passionately using a technique that you don't, and getting awe-inspiring results. The FCA's Fall 2018 Workshops offer ideas to trigger creativity and ignite desires to make ground-breaking work. "Dare To Paint Abstracts" with instructor **Barry Rafuse**, SFCA, is a 2-day course that pushes beginners and intermediates to not only try abstract painting, but to boldly paint outside your comfort zone, take risks and trust your instincts. "Painting The Portrait" with **Doug Levitt**, SFCA, will enable intermediate and advanced oil painters to relax, let go, and create a fast-flowing portrait in alla prima style. The 3-day workshop will show you the dramatic difference between painting from life and a photo. "Introduction to Relief Printmaking" with **Carol McQuaid** is a 1-day course for beginners and intermediates to shake up your idea of mixed media. You'll learn the tools to be a print-maker in studio and en plein air.

Registration open to members & non-members (& artists who did not attend the 10-day program). See www.artists.ca for details. Workshops offered at various locations including Granville Island, West Point Grey, South Surrey and Langley, BC.

Upcoming FCA Workshops

 <p>Sept 8-9</p> <p>The Elements of Design: The Tools to Make Art with Jan Crawford</p> <p>9:30am-4:30pm Jericho Hill Centre Vancouver, BC</p>	 <p>Sept 15-16</p> <p>Dare to Paint Abstracts with Barry Rafuse</p> <p>9:30am-4:30pm Jericho Hill Centre Vancouver, BC</p>	 <p>Oct 12-14</p> <p>The Principles of Design: How to Use the Tools with Lalita Hamill</p> <p>9:30am-4:30pm Windsong CoHousing Langley, BC</p>
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Visit www.artists.ca or Call 604.681.2744

DO YOU HAVE A PAINTING BLOCK?

Moving Through Blocks to Reclaim Creative Flow

By Lee Crawford

Where do creative sparks come from, how are they ignited, and how do we capture and sustain the momentum of creative flow?

As artists, it may not be realistic to expect continual creative inspiration considering the myriad psychological, social, financial and life experiences that drive our expressive forces and urge us to create. The concept of freeing a “creative block” untangles the many threads that generate feelings of being uninspired, tapped-out of new ideas, disenchanting, and devaluing our work.

The more we force ourselves to find new creative flow, the more we become bound up in the pressure to push through unwanted images that mirror back to us the “blah” feelings or sense that “this is not my creative voice.” Blocks are part of the process that most artists grapple with throughout their lives. The key is to be curious about why a block emerges, and to take steps to move through it. It may be surprising that creative blocks can provide a purpose, allowing for our next “aha” along our creative journey.

WHAT CONTRIBUTES TO A CREATIVE BLOCK?

BELIEFS: Beliefs are not facts. Do you have the belief that inspiration should be easily accessible on-demand; that artists should always have creative flow? These beliefs can block or prevent you from achieving and enjoying your creative goals. Take time to name and write out your beliefs about your art career and your creative process.

Your process: Create a vision board. Vision boards support the process of change, helping you to let yourself evolve. On a large heavy sheet of paper, add images using paint/pastels/ magazines/photographs. Divide the paper into 3 sections: left side = your past, middle = your present life, right side = your future. Focus on what you want from your art career and what is most important now. Once all images are added, and you stand back, you begin to see that your life has movement and flow. This not only supports and honours your decisions, it provides objectivity and direction for what is emerging in your life.

EXPECTATIONS: Pressuring yourself to meet expectations freezes the creative process and generates fear of expression. Your own “self-talk” (things you tell yourself) might reflect an excessive personal standard to be reached that has negative consequences. For example, “I must have a gallery show once a year or my career is over.” “I have to create work that is on trend or no one will purchase it.” “I must make more art to make more income.”

Your process: With pencil and paper, draw/doodle who you are in your life at the present moment, focusing on things you like about it, and what gives it meaning. What gives you energy and pleasure? You’ll notice that the self-talk expectations are less important measurements of success.



SELF-CRITICISM: Although analysis of your work is important, comparing it to that of other artists can generate feelings of “not being good enough.” Being rejected by galleries or no sales at an art show can cause feelings of rejection. As a result, you may be trying to prove yourself while trying to create a unique body of work which stifles your authentic voice.

Your process: Create a symbol of self-compassion and self-acceptance and display it in your studio; it may be painted/drawn or an object you already own. Say the word “stop” to yourself (kindly) when you notice you’re being self-critical; and follow it by three self-supporting phrases to undue self-criticism. Write these down to become your personal “mantra.”

PROCRASTINATION: Making a promise to yourself, but not following through can be a form of self-sabotage. Avoidance is a coping mechanism designed to reduce pressure and stress, but the undercurrent may be fear of pleasure, self-support or success. If you react by trying to push yourself out of a state of procrastination, your work will feel forced and look contrived. Allow time to “let go of” a previous creative series and an incubation period before your next.

Your process: Cultivate the “one small thing skill.” Do one small thing in your art studio such as preparing your work space, finding a single photograph you’d like to paint, or doing one small sketch. Your motivation and commitment will be nudged slowly until the flow of inspirational change kicks in.

DEPRESSION/ANXIETY: Discovering strategies to cope with and reduce these emotions are central not only to your art but to mental health. Past and present life challenges influence your creative process. Be gentle and compassionate with yourself if you have just experienced a loss or are experiencing above-normal stress, and adjust your expectations for creative expression.

Your process: Create a Mandala while listening to gentle music: Trace a dinner plate on paper. Fill in the circular Mandala starting along the outside edge and working toward the centre by creating various spontaneous patterns, lines and shapes using pastels/crayons/paint. This is used in art therapy to manage challenging emotions and support the idea of mindfulness and focusing, which reduces stress and anxiety.

WHAT IS MINDFULNESS BASED ART THERAPY?

Mindfulness based art therapy involves repetition, and making many art images rather than thinking about a single picture. It helps you become focused on what you’re doing in the moment you’re doing it, teaching you to be emotionally present “in the here and now.” During art-making, this skill helps you to get space away from your negative self-talk, and cope with life’s challenges/changes to clear your mind. This reduces judgement and creative blocks often stemming from your exaggerated expectations.



Your process: Draw yourself in the image of a mountain. Place your mountain in a landscape and make the mountain the centre and largest image of your work. Draw differing weather patterns, plant life, people or animals on your mountain. The central idea is to notice how things affect the mountain while it (you) remains the same. While the mountain represents constancy and strength, other life energies come and go. You may have challenges that take you away temporarily from your creative

process, but you retain your creative personality and skills because like the mountain, these are permanent aspects of who you are.

STEP INTO THE EXPERIENCE OF “FLOW”

Central to overcoming a block is learning how to cultivate a sense of “flow” in your creative process. Have you ever become so involved or focused when doing your favourite activity that you lose track of time? This is the experience of flow.

Flow experiences provide flashes of intense living against the routine of life. This is the sought-after formula for artists who long to drop into the ease of creative transcendence. This consciousness has no room for distracting self-talk, perceptions, predictions or emotions. While in this focused state, self-consciousness disappears and you feel stronger or more potent.

If you have experienced flow in the past, part of your block may be in trying to push yourself to find it again rather than trusting your artistic skills to shift into the background and allowing the experience of creating to come to the foreground.

Optimal life involves finding balance: if our challenges or expectations are too high, we can become frustrated or anxious. However, if our challenges or expectations are too low, we can feel apathy, boredom or detachment. To achieve balance in your work, trust the process and as a result, you will enjoy creative flow.

Lee Crawford M.Ed. RCC BCATR ATR is a Registered Clinical Counsellor and a Registered Art Therapist and has a counselling practice in Vancouver, BC. She is also an artist and member of the FCA. www.leecrawford.com

POSTCARD COMPETITION & ONLINE EXHIBITION

MAY 1 TO JULY 31, 2018



1ST PLACE:
DAN VARNALS, SFCA *Dockmates*
oil on canvas, 20" x 30"

HONOURABLE MENTION:
DANVIC BRIONES
Someday
mixed media etched on wood
23" x 29"

HONOURABLE MENTION:
CHERYL PEDDIE
Meeting of the Board
oil on canvas panel, 11" x 14"

HONOURABLE MENTION:
KRISTIN VIGNAL
Weasel With Winterberries
pastel on paper, 13" x 18"



2ND PLACE:
CLAUDIA LOHMANN, AFCA *Who is Next?*
acrylic & pencil on wood, 30" x 45"



3RD PLACE:
DAVID KELAVEY *Velo City*
oil on canvas, 18" x 24"

AA BIG RED DOTS

WHAT PAINTINGS SOLD?

A sampling of what recently sold at the FCA Gallery:

NUMBER OF PAINTINGS SOLD IN THE PAST 3 MONTHS
73



LOIS GOODNOUGH *Women of the World II*
 acrylic & ink on canvas, 20" x 16", \$400
PURCHASER FROM: Calgary, AB



JEAN JAMES *Duck Itch*
 watercolour on paper, 7.7" x 11", \$400
PURCHASER FROM: Lancashire, England



ANGELA BURDON *Winter Run*
 oil on canvas, 48" x 30", \$1400
PURCHASER FROM: Kentucky, USA



GERI WATSON *The Gift - Okanagan Wine Country*
 watercolour on Arches paper, 7" x 5", \$300
PURCHASER FROM: Vancouver, BC



GUY WALL *Isabella Point*
 acrylic on canvas, 43" x 48", \$3300
PURCHASER FROM: Vancouver, BC



WILLIAM LIAO, AFCA *Life and Fate #8*
 acrylic on canvas, 24" x 24", \$1680
PURCHASER FROM: Whitehorse, Yukon

This two-part/two-issue feature celebrates the talent, innovation, expertise and hard work of Canadian artists recently awarded their Federation of Canadian Artists associate and senior signature status: AFCA & SFCA.



DOUG LEVITT, SFCA

▶ **LOCATION:** Calgary, AB ▶ **FAVOURITE ARTIST:** Richard Schmid, John Coleman, Celia Baugh... ▶ **FAVOURITE COLOUR:** Permanent Rose, Naples Yellow (Winsor & Newton) ▶ **# YEARS AS PROFESSIONAL ARTIST:** 15 ▶ **BIGGEST CAREER MOMENT:** Being commissioned to paint the 2008 Calgary Stampede poster which advertised the Stampede brand worldwide. It literally changed my career overnight. ▶ **INSPIRATION:** I am a passionate advocate of alla prima. A lot of my subjects (running horses, historic native & cowboy themes) force me to rely on photographic references. I first compensated for the resulting stiffness by executing as much in one sitting as possible using only paint to draw with, which evolved into alla prima. ▶ **BACKGROUND:** I'm self-taught. Each lesson learned this way sticks with you because you must spend time completing dozens of pieces to figure things out. I enjoy teaching because I'm able to pass on concepts in 5 canvases what took me 50 to work out.



DORSET NORWICH-YOUNG, SFCA

▶ **LOCATION:** Pender Island, BC ▶ **FAVOURITE ARTIST:** Lawren Harris at the moment ▶ **FAVOURITE COLOUR:** I use Dioxazine Purple in every painting. ▶ **# YEARS AS A PROFESSIONAL ARTIST:** 31 ▶ **BIGGEST CAREER MOMENT:** I participated in major art campaigns featuring the preservation of Carmanah Valley, Robson Bight-Tsitika Valley and Great Bear Rainforest; here, I discovered my passion to promote conservation through artwork. ▶ **INSPIRATION:** Nature: animals, birds, gnarly trees tenaciously holding their own against the elements, sparkling ocean, flowers, wind, clouds & what you see that is barely noticed... ▶ **BACKGROUND:** Graduated from Vancouver School of Art & Design (Emily Carr U.) with Honours. Entering, I was a realistic oil painter; leaving, paintings were large format abstract. After moving to Victoria, I ran an open studio & switched to watercolour for 20 years. Ten years ago, I moved to Pender Island and re-established landscape painting using acrylics.



ANITA McCOMAS, AFCA

▶ **LOCATION:** Kelowna, BC ▶ **FAVOURITE ARTIST:** Henri Masson ▶ **FAVOURITE COLOUR:** Quinacridone Nickel Azo Gold ▶ **# YEARS AS PROFESSIONAL ARTIST:** 21 ▶ **BIGGEST CAREER MOMENT:** 1. My first art opening (in Montreal) many years ago felt huge then. 2. I had a booth in The Calgary Stampede Artist's Studios 3. My solo show at the Armstrong-Spallumcheen Museum & Art Gallery where I gave my first artist's talk ▶ **INSPIRATION:** I am influenced by colour, and love breaking it down into strokes and re-composing it into a viable image. I am inspired by nature (landscapes and creatures) and by creative people and circumstances that push me beyond my comfort zone. ▶ **BACKGROUND:** I have a BFA from VCU, Richmond, Virginia. But artists have been my greatest teachers. Museums, galleries and workshops from many artists have given me a rich education in art.



KRISTINE MCGUINTY, AFCA

▶ **LOCATION:** St. Albert, AB ▶ **FAVOURITE ARTIST:** Amedeo Modigliani ▶ **FAVOURITE COLOUR:** Payne's Grey ▶ **# YEARS AS PROFESSIONAL ARTIST:** 14 ▶ **BIGGEST CAREER MOMENT:** Making the commitment to become a full-time artist ▶ **INSPIRATION:** The Group of Seven has greatly influenced my work; and our Canadian landscape will inspire me for a lifetime. ▶ **BACKGROUND:** As a professional photographer, I ran a photography studio for 19 years before becoming a full-time artist. I am a primarily self-taught painter, but have taken workshops from Grande Prairie Regional College.





MARY PARSLOW, AFCA

▶ **LOCATION:** Peace River Region, BC ▶ **FAVOURITE ARTISTS:** Pablo Picasso, Henri Matisse ▶ **FAVOURITE COLOUR:** Teal Blue ▶ **# YEARS AS A PROFESSIONAL ARTIST:** 10 ▶ **BIGGEST CAREER MOMENT:** When I was transfixed by a print in a Victoria gallery, found the artist, and then enrolled in classes at the Ground Zero Print Studio where my printmaking began. ▶ **INSPIRATION:** I am enthusiastic about the curves, lines and swirls of nature. I love weather and the effect of wind on trees, plants and water. I enjoy the meditative, mindful movements of cutting linoleum and wood and its raw sculptural expression in a print. ▶ **BACKGROUND:** I was raised north of London, England, and studied art in London and at University of Victoria. I taught elementary school for 20 years, had four daughters, and trained and served as an Anglican priest. Ten years ago, I retired and began my life as an artist.



STEVE RAYNER, AFCA

▶ **LOCATION:** Vancouver, BC ▶ **FAVOURITE ARTIST:** Andrew Wyeth ▶ **FAVOURITE COLOURS:** Quinacridone Burnt Orange and Phthalocyanine Blue (combined to create a wonderful warm Black!) ▶ **# YEARS AS PROFESSIONAL ARTIST:** 9 ▶ **BIGGEST CAREER MOMENT:** Seeing that my first submissions to the North Vancouver Community Arts Council Anonymous Art Show were no longer hanging on the wall — Sold! ▶ **INSPIRATION:** I am inspired by the beauty of the Pacific Northwest, seeking to capture its light and many facets – water, rock, trees – close up or distant, with or without people or wildlife. For opening my eyes to the world of art, I thank my architect father. ▶ **BACKGROUND:** My wife, daughters and I hail from England, and are all now proud Canadian citizens. I am a former airline pilot, a retired architect, and now an aspiring artist!



DEBORAH STRONG, SFCA

LOCATION: Surrey & Mayne Island, BC ▶ **FAVOURITE ARTIST:** I appreciate a range of styles in work that embodies the maker's unique perspective and clearly demonstrates skill and dedication. ▶ **FAVOURITE COLOUR:** Prismacolor Indigo (pencil) ▶ **# YEARS AS PROFESSIONAL ARTIST:** 40. As a teenager I ran a classified ad in the newspaper and obtained my first commissioned portrait. ▶ **BIGGEST CAREER MOMENT:** In 2009 I left my "day job" with a non-profit society to pursue art full-time. ▶ **INSPIRATION:** My life's work as an artist is to capture the unique identity of creatures in the animal world; I sometimes infuse a spark of whimsy in this work. ▶ **BACKGROUND:** A Fine Arts diploma from University of the Fraser Valley; experience in art galleries, graphic design, communications, book-keeping before dedication to art full-time where these varied skills have served me well.



RAY SWIRSKY, AFCA

▶ **LOCATION:** Calgary, AB ▶ **FAVOURITE ARTIST:** John Singer Sargent ▶ **FAVOURITE COLOUR:** Pthalo Blue ▶ **# YEARS AS PROFESSIONAL ARTIST:** 18 months ▶ **BIGGEST CAREER MOMENT:** 1. Having a painting awarded 2nd Place in my first Calgary FCA show offered the validation I required to push myself, stay focused and commit to further understand the fundamentals of what makes artwork stand out. 2. When my first painting sold at the 2016 Calgary Stampede Art Auction. ▶ **INSPIRATION:** Inspiration to recreate the realism in a mountain, animal or other subject comes when the composition's lighting creates variances that give the scene depth/contrast. ▶ **BACKGROUND:** I moved to Calgary at 18 to become an Electronic Engineering Technologist, and after visiting my first art gallery, knew that I wanted to someday paint masterpieces. Three decades later, I was in awe the moment I stepped into an artist's studio, and so registered for a painting class.





ROSE TANNER, AFCA

▶ **LOCATION:** Victoria, BC ▶ **FAVOURITE ARTIST:** Rembrandt Harmenszoon van Rijn ▶ **FAVOURITE COLOUR:** Titanium Oxide Red (Rembrandt brand) ▶ **# YEARS AS PROFESSIONAL ARTIST:** 6 ▶ **BIGGEST CAREER**

MOMENT: Acceptance into the Leigh Yawkey Woodson Art Museum's "2017 Birds in Art Exhibition" and subsequent New York to Santa Fe artwork tour. ▶ **INSPIRATION:** I paint using oil on linen in a classical realism style. Birds are my inspiration: they sing, dance, fight, court, breed, fly, claim territory, pair for life, play the field, and fool around; they hold funerals, have socials, eat fermented berries and perform mating rituals that leave me baffled. My work shows the story, emotion and character of a bird. ▶ **BACKGROUND:** I studied illustration at Academy of Art University, San Francisco and oil painting with Daniel Keys and other master painters. My background is in publishing and software design.



SANDY TERRY, SFCA

▶ **LOCATION:** Sidney, BC ▶ **FAVOURITE ARTIST:** Georgia O'Keefe, Thomas Darnell ▶ **FAVOURITE COLOUR:** Liquitex Veridian and Van Dyke Red, but favourites shift depending on the piece I'm creating. I love discovering new colours! ▶ **# YEARS AS PROFESSIONAL ARTIST:** 8 ▶ **BIGGEST CAREER MOMENT:** Many smaller moments of recognition including acceptance into juried shows, awards, solo shows, representation and sales are affirmations to continue on this artist's journey. ▶ **INSPIRATION:** Nature's beauty continually inspires me as I strive to capture form, grace and the subtle shifts in colour of a moment in time. ▶ **BACKGROUND:** Originally from NJ/NYC, I had training in drawing, printmaking and had rich cultural exposure to the arts. Painting florals mirrors my own flowering as an artist following a career of sparking children's imaginations within the public school system.



SANDY TROUDT, AFCA

▶ **LOCATION:** Fort St. John, BC ▶ **FAVOURITE ARTIST:** All SFCA's who have traveled to Fort St. John to share their inspiration, talent, wisdom and techniques with members... and Leonardo da Vinci for his insatiable curiosity, inventiveness and quest for knowledge. ▶ **FAVOURITE COLOUR:** Golden's Quinacridone Nickel Azo Gold ▶ **# YEARS AS PROFESSIONAL ARTIST:** 10 ▶ **BIGGEST CAREER MOMENT:** Getting representation in the Grant Berg Galleries in Grande Prairie and Kananaskis, AB ▶ **INSPIRATION:** Vast autumn landscapes, the hidden beauty in small spaces, the contrast between the wilderness and cultivated land in the north, and the resulting dramatic results of working on black-toned surfaces inspire me. ▶ **BACKGROUND:** After a satisfying 32-year career as an educator, I was privileged to attend workshops from many artists I admire. The inspiration and support I received helped guide my personal art journey.



LIZ VANGOLEN VINCENT, AFCA

▶ **LOCATION:** Kelowna, BC ▶ **FAVOURITE ARTIST:** Caetani, Chagall, van Gogh ▶ **FAVOURITE COLOUR:** Winsor & Newton Raw Sienna (watercolour) ▶ **# YEARS AS PROFESSIONAL ARTIST:** 20 ▶ **BIGGEST CAREER MOMENT:** In 1997 I had a brain aneurysm, and before surgery, saw two profound visions that I later merged in a painting. It was exhibited as "Not For Sale," but a neuropsychologist saw it, called me, and convinced me to sell it to him because he thought it could help his patients ▶ **INSPIRATION:** I began painting/learning calligraphy in 1995. I love dictionaries, the written word; lettering appears in my paintings, immersed between layers, creating background texture or the focal point. I am of Dutch heritage and intrigued with Vincent van Gogh's work/writings (and our names share similarities)! ▶ **BACKGROUND:** I studied "Art In Merchandising" at Langara College. Decades later, I took watercolour classes at Kelowna Art Gallery, and numerous workshops. I've taught watercolour at Kelowna Art Gallery, and workshops for Kelowna Calligraphers' Guild.





DAN VARNALS, SFCA

LOCATION: Vancouver, BC ▶ **FAVOURITE ARTIST:** Edgar Degas

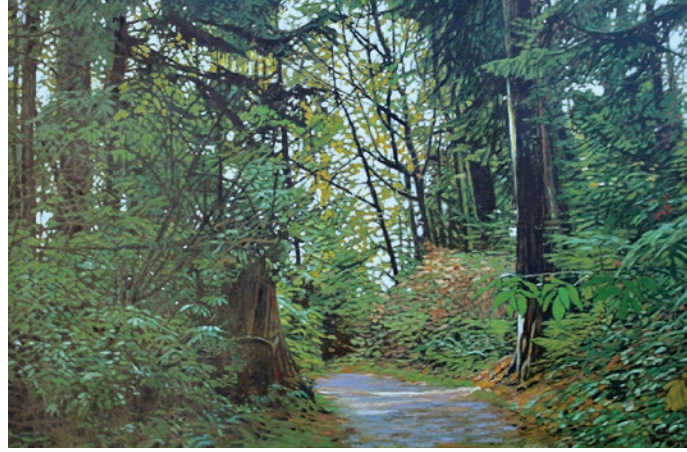
▶ **FAVOURITE COLOUR:** Chinese Vermillion ▶ **BIGGEST CAREER**

MOMENT: After retiring from a career as a high school art teacher, my

biggest moment was discovering that people would pay a lot of money for my paintings.

▶ **INSPIRATION:** At the age of 13, an architect neighbour revealed to me how perspective worked. Zoom! It all came together for me! I could show the 3D world on a 2D surface.

▶ **BACKGROUND:** After 4 years at St. Martins School of Art, London, which stressed the importance of drawing, I could render accurately. This has proven to be both an asset and a limitation. My attempts at abstraction have not been impressive, and I have accepted that I am best at, and enjoy most, working in the realist tradition.



RONNIE WATT, AFCA

LOCATION: North Vancouver, BC ▶ **FAVOURITE ARTIST:** landscape artists Paul Bailey

(Britain) and Alexander Kryushyn (Ukraine) ▶ **FAVOURITE COLOUR:** Indanthrene

blue ▶ **YEARS AS PROFESSIONAL ARTIST:** 35 ▶ **BIGGEST CAREER MOMENT:** First

Prize at the Victoria FCA Chapter's "Fall" exhibition, 2017 ▶ **INFLUENCES & INSPIRATION:** I prefer

painting landscapes and, in particular, South African landscapes. My paintings typically show big skies, foregrounds in swathes of colour, and distant horizons with minimal features. The landscapes invite personal interpretations and allow viewers to "fill in the details."

▶ **BACKGROUND:** I am South African by birth and immigrated to Canada in 2015. In my professional career I was a journalist and producer of television programmes. In recent years I have devoted myself to academic studies in art history with the focus on pottery and ceramics (I am currently a PhD student at the University of South Africa).



OLYA WRIGHT, AFCA

LOCATION: Vancouver, BC ▶ **FAVOURITE ARTIST:** I'm fascinated by artists whose work is recognizable by their firm style such as Gustav Klimt.

▶ **FAVOURITE COLOUR:** The colour of a blank paper or canvas ▶ **# YEARS**

AS PROFESSIONAL ARTIST: 2 ▶ **BIGGEST CAREER MOMENT:** Recently, someone who

owns several of my paintings commissioned me to paint watercolour portraits of two ballet personages who are retiring. Portraying people from other artistic disciplines feels like an honour and a challenge.

▶ **INSPIRATION:** There are days when I find inspiration in almost everything (nature, people, other artists), and I often don't have enough time to draw or paint it all.

▶ **BACKGROUND:** Bacalaureate degree in Visual Fine Arts from the Krivoy Rog Pedagogical University, Ukraine, and 5 years of art school before university. I have now started teaching art, and I paint every day.



CORRECTION:

Headshot photographs were incorrectly displayed for these two Signature recipients in May/June's Success! Part 1:



NANCY DEAN, AFCA



DIONE DOLAN, AFCA

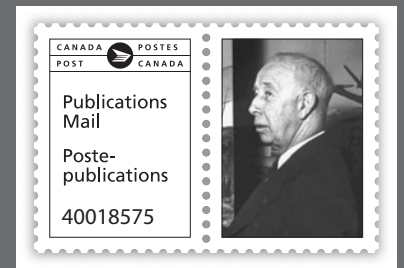




Return & Address Correction Requested

Federation of Canadian Artists

1241 Cartwright Street, Vancouver, BC V6H 4B7



FCA EXHIBITION CALENDAR JULY – NOVEMBER 2018

EXHIBITION TITLE	Summer Showcase	LIMITLESS	Small, Smaller and Smallest	Scenes from Western Canada
EXHIBITION DATES:	July 30 – August 12	August 1 – October 31	August 13 – 16	August 27 – September 9
SUBMISSION DEADLINE:	July 4, 2018	July 25, 2018	July 18, 2018	August 1, 2018
OPEN TO:	Active, AFCA and SFCA Members	INTERNATIONAL OPEN CALL	Active, AFCA and SFCA Members	Active, AFCA and SFCA Members
DELIVERY DEADLINE:	July 27, 2018	N/A	August 10, 2018	August 24, 2018
RECEPTION (1ST THUR. 6-8PM)	No	No	No	No
QUALIFYING	Yes	No	Yes	Yes
PRIZES OR AWARDS	Awards in Title	Cash Prizes	Awards in Title	Awards in Title
EXHIBITION TITLE	Concept	AIRE 2018	Shape and Form	365
EXHIBITION DATES:	September 10 – 23	October 9 – 28	October 30 – November 11	November 1 – December 31
SUBMISSION DEADLINE:	August 15, 2018	September 5, 2018	October 3, 2018	September 19, 2018
OPEN TO:	Active, AFCA and SFCA Members	INTERNATIONAL OPEN CALL	Active, AFCA and SFCA Members	Active, AFCA and SFCA Members
DELIVERY DEADLINE:	September 7, 2018	October 5, 2018	October 26, 2018	N/A
RECEPTION (1ST THUR. 6-8PM)	No	October 11, 2018	No	No
QUALIFYING	Yes	Yes	Yes	No
PRIZES OR AWARDS	Awards in Title	Cash Prizes	Awards in Title	Cash Prizes

Exhibition programming and submission deadlines are subject to change. Please check at www.artists.ca or call 604-681-8534

