

2022 Foundations Program  
Full Day Supply List

**Kit Bell – Full Day Class – Week 1**

<b>Supplies</b>	<b>Check</b>
Notebook	
Pen	
Sketchbook	
Drawing materials	
<b>Acrylic or Oil Paint (at minimum bring):</b>	
White	
Black	
Red	
Blue	
Yellow	
Brushes – various sizes and shapes	
Palette	
Container for water or thinner (must be odorless thinner)	
Paper towels	
Masking tape	
<b>Painting supports for exercises (for Acrylic or Oil):</b>	
Sinoart Canvas Pads (available at OPUS). These sheets can be cut to size and are great for quick studies and exercises.	
You can also use small canvases or canvas boards (2 – 16x20 or 7 – 8x10)	

**Lalita Hamill – Full Day Class – Week 2**

<b>Supplies</b>	<b>Check</b>
5 x 8" x 10" greyscale reference photographs	
Pen	
Paper	
Digital Camera (phone camera is fine)	

**Mark Anthony – Full Day Class – Week 3**

<b>Supplies</b>	<b>Check</b>
18"x24" Drawing Quality Paper	
1 Straight Edge - 24"	
HB and 2B Pencil	
Steadler Mars - Kneadable Eraser	
<b>References Optional:</b>	
Albinus on Anatomy - Dover	

**Andrew McDermott – Full Day Class – Week 4**

<b>Supplies</b>	<b>Check</b>
<b>Oils, watercolour, or acrylic paint (choose one medium only):</b>	
White	
Black	
+ colours of your choice (ex. Red, Yellow, Blue)	
Canvas, or paper (watercolour, drawing paper)	
Brushes – various sizes and shapes	
Palette	
<b>Reference Material</b>	
To be supplied by Instructor	
<b>Miscellaneous</b>	
Notebook/Drawing Pad	
Pencils	
Paper towel	
Containers for water	

**Tatjana Mirkov-Popovicki – Full Day Class – Week 5**

<b>Supplies</b>	<b>Check</b>
<b>Acrylic or oil, any pigments:</b>	
Black	
White	
Yellow	
Red	
Blue	
<b>Painting supplies:</b>	
Brushes	
Palette knives	
Palette	
If using oil paint, please use odorless paint thinner	
Gloss acrylic medium for the glazing exercise with acrylics	
Oil painters will need to start the glazing exercise with black and white acrylic paint so that the underpainting can dry fast enough to finish the exercise in class, or they can opt to finish it after the class at home, or to only do the direct tonal painting exercise.	
Few sheets of sturdy paper like Stonehenge, or a pad of canvas paper, or inexpensive canvas boards min size 8x10 inches.	
Rags to wipe brushes	
Water container for acrylic painters	
Spray bottle for acrylic painters	
Masking tape	
Notebook	

**Gaye Adams – Full Day Class – Week 6**

<b>Supplies</b>	<b>Check</b>
<b>Acrylic or oil paint in the following colours:</b>	
Titanium White	
Ultramarine Blue	
Pthalo Blue	
Alizarin Crimson	
Cadmium Red Light	
Transparent earth red	
Cadmium Yellow Light	
Yellow Ochre	
<b>The following brushes:</b>	
Several well shaped flats ¼ - ¾ inch widths	
Small palette knife	
One or two smaller brushes for detail	
Gamsol solvent for oil painters (or other high quality odorless mineral spirits)	
Paper towels	
11X14" disposable palette on block, or glass palette – you will need mixing space!	
2 x 6" x 8" supports, either panel or canvas	
Tabletop easel	

**Paul Chizik – Full Day Class – Week 7**

<b>Supply</b>	<b>Check</b>
Canvas 10" x 12" with a burnt sienna ground brushed onto white gesso. Wipe back the sienna with a rag to reach a mid-tone value	
Rags, soft cotton or flannel	
Paint medium cup holder.	
Palette	
Palette knife	
Mineral spirits	
Linseed oil	
Small handheld mirror	
<b>Required Paint Colours – Student or Artist Quality</b>	
Cerulean blue	
Cobalt blue	
Yellow ochre	
Cadmium yellow light	
Alizarin crimson	
Cadmium red light	
Raw umber	
Burnt sienna	
Ivory black	
Titanium white	

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<b>Required Brushes – Hog Hair</b>	
-# 2, 6, 10 Round and Filbert	
Some fine synthetic or sable brushes for detail OPTIONAL	
If you have flat brushes, bring them along	

**Janice Robertson – Full Day Class – Week 8**

<b>Supplies</b>	<b>Check</b>
<b>Either acrylic or oil paint in the following colours (colours are suggestions, bring what you have):</b>	
Hansa yellow medium	
Quinacridone red	
Ultramarine blue	
Pthalo blue- red or green shade	
Titanium white	
Synthetic brushes in a variety of sizes	
2 small supports – canvas or board (demo will be on 12x12)	
Palette	
Containers for water	
Spray bottle	
Paper towels	
Apron or paint shirt	
Your preferred medium (Janice uses Acrylic Glazing Liquid by Golden)	
Portable easel if you have one	
Small sketch book and pencil	
Two of your artworks for critique by Janice Robertson	

**Liza Visagie – Full Day Class – Week 9**

<b>Supplies</b>	<b>Check</b>
Rags, soft cotton or flannel	
Paint medium cup holder	
Palette	
Palette knife	
Mineral spirits	
Linseed oil	
Small handheld mirror	
<b>Oil paints in the following colours in student or artist quality:</b>	
Cerulean blue	
Cobalt blue	
Yellow ochre	
Cadmium yellow light	
Alizarin crimson	
Cadmium red light	
Raw umber	

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Burnt sienna	
Ivory black	
Titanium white	
#2, #6, #10 round and filbert hog hair brushes	
Smaller synthetic or sable brushes for detail, OPTIONAL	
Flat brushes if you already have them	
1 x primed canvas either 8" 10", 9" x 12" or 10" x 12" in size	

**Leanne Christie – Full Day Class – Week 10**

Supplies	Check
1 x ultra fine black sharpies	
1 x colour sharpie (in any colour)	
Cheap Legal-sized notebook or stack of plain paper. Recommended 100 pages/sheets minimum.	
Collection of printed or cut out reference images. Digital images OK but must be easy to access and navigate during class.	
Consumption diary (If you have any questions email <a href="mailto:leanne@leannemchristie.com">leanne@leannemchristie.com</a> ) Keep a CREATIVE CONSUMPTION DIARY* - bring it with you to the class!  <b><u>*What is a CREATIVE CONSUMPTION DIARY?</u></b> A diary where you list, on a daily basis, the things that you consumed that were <u>intentionally created through design</u> by a <u>human creator</u> . This diary would include things like: music listened to, books read, magazines and newspapers read, paintings looked at, artists looked at, photos looked at, events attended, podcasts listened to, movies watched, meals eaten (Not functional ones but ones created through design) etc. List item and mark each one with a tick or cross as to whether it was enjoyed or not. Jot one characteristic that made it enjoyable or not. Make a list at the end of the day: things that you encountered that gave you a positive emotion.  <u>For example:</u> <b>Day 1:</b> Podcast about invention of vaping: Enjoyed-Yes • Why? Documentary/True story Dinner out: Enjoyed – No • Why? Too many different flavours Movie at home – Yes – Suspense created through strong imagery and editing. List of positive emotions: Murder of crows squawking at sunset, calm dog sleeping, driving past a large truck on the highway.	
2 most recent completed works – preferably one that you are happy with and one that you are not but don't know why.  <i>If you are brand new and don't have completed works then choose from what is hanging in the Federation Gallery or go online and choose 2 works from another artist- <u>again choosing one that you like and one that you don't.</u></i>	
Portable painting kit	
Substrate no smaller than 100sq inches	